Introduction

Rationale of the study

- To explore associations between personality, spirituality, and sensitivity to disgust by employing a novel personality instrument. This enabled an investigation into the functional architecture of personality and identification of different emotional dispositions in connection with preferred forms of cognitive processing
- To ensure that the introduced questionnaires on spirituality and disgust sensitivity have sufficient psychometric parameters in the Czech cultural context

The STAR model of personality styles and disorders (Kuhl & Kazén, 1997)

dimensions

Participants

 423 students and associates of Czech universities (339 females)

Method

- Age: mean = 23.15, SD = 3.61, range = 18-48
- 22.7% of the sample reported to be religious

Materials

- <u>Personality Styles and Disorders Inventory</u> (PSDI; Kuhl & Kazén, 1997)
 - Assesses cognitive schemes and styles analogous to personality disorders
- Expressions of Spirituality Inventory (ESI; Mac Donald, 2000)
 - Measures five dimensions of spirituality: cognitive orientation towards spirituality, experiential/phenomenological dimension, existential well-being, paranormal beliefs, and religiousness
- <u>Disgust Propensity and Sensitivity Scale</u> (DPSS; van Overveld et al., 2006)
- Personality styles with low sensitivity for rewards and therefore dominant function of critical-analytical thinking (cautious, independent, critical, calm) were correlated negatively to dimensions of spirituality, whereas styles with heightened sensitivity for positive emotions (intuitive, optimistic, emotional, obliging) facilitating intuitive control of behaviour were correlated positively to spirituality

Compulsiv

Conclusion

Results indicate close associations between

Sufficient reliability was achieved for both spirituality and disgust propensity questionnaires $(\alpha = .76 - .92)$

Results

PSDI	ESI					DPSS	
Personality style	Cognitive orientation towards spirituality	Experiential / phenomenological dimension	Existential well-being	Paranormal beliefs	Religiousness	Disgust propensity	Disgust sensitivity
self-assertive-antisocial	-,102*	0,033	0,089	-0,049	-,128**	0,026	0,008
	0,037	0,498	0,07	0,317	0,009	0,602	0,874
cautious-paranoid	-,204**	-,142**	-,328**	0,002	-,248**	0,094	0,078
	0	0,003	0	0,964	0	0,054	0,112
independent-schizoid	-,201**	-,241**	-,268**	-,192**	-,250**	0,025	0,003
	0	0	0	0	0	0,604	0,944
apprehensive-avoidant	-0,037	-0,069	-,580**	-0,043	0,031	,271**	,360**
	0,446	0,16	0	0,379	0,522	0	0
conscientious-compulsive	0,025	-0,065	-,161**	-0,042	0,035	,159**	,192**
	0,605	0,182	0,001	0,393	0,468	0,001	0
intuitive-schizotypical	,661**	,704**	0,072	,726**	,573**	0,077	,102*
	0	0	0,143	0	0	0,113	0,037
optimistic-rhapsodic	,280**	,301**	,452**	,261**	,252**	-0,036	0,004
	0	0	0	0	0	0,457	0,942
ambitious-narcissistic	0,087	,206**	-,119*	,140**	0,065	,172**	,182**
	0,076	0	0,014	0,004	0,182	0	0
critical-negativistic	-,146**	-0,011	-,583**	-0,02	-,131**	,231**	,228**
	0,003	0,817	0	0,683	0,007	0	0
loyal-dependent	0,067	,125*	-,386**	,148**	,167**	,291**	,366**
	0,169	0,011	0	0,002	0,001	0	0
spontaneous-borderline	0,034	,131**	-,682**	,096*	0,063	,251**	,302**
	0,487	0,007	0	0,048	0,196	0	0
emotional-histrionic	,165**	,301**	,378**	,221**	,115*	-0,016	-0,02
	0,001	0	0	0	0,018	0,741	0,682
calm-depressive	-,142**	-,147**	-,755**	-,118*	-0,066	,262**	,247**
	0,004	0,003	0	0,016	0,176	0	0
obliging-self-sacrifying	,255**	,129**	-,224**	,133**	,263**	0,078	,181**
	0	0,008	0	0,006	0	0,109	0

References

Saroglou, V., & Muñoz-García, A. (2008). Individual differences in religion and spirituality: An issue of personality traits and/or values. *Journal for the Scientific Study of Religion*, 47, 83–101.